

NEWS



For immediate release

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Free Workshops Offer Farmers Regenerative Solutions to Soaring Input Costs

JEFFERSON CITY, Mo. (Feb. 23, 2023) – Increasing profitability through regenerative agriculture is the focus of six, free workshops scheduled throughout Missouri during the month of March, the non-profit Soil Health Academy (SHA), announced today.

The two-day workshops are partially funded by the U.S. Environmental Protection Agency Region 7 through the Missouri Department of Natural Resources under Section 319 of the Clean Water Act. Conducted through SHA by Understanding Ag, LLC's regenerative farmer-consultants, the workshops are designed to help Missouri farmers understand and successfully transition from conventional agricultural practices to more profitable, low-input regenerative practices that improve soil health and water quality.

"Improving soil health is the key to increasing profitability through natural nutrient cycling," said Understanding Ag's Rodney Saunders, a regenerative farming consultant and workshop instructor. "These workshops will provide farmers with practical knowledge and understanding of the principles of soil health—principles that increase profitability through improved soil function."

Admission is free and lunch is provided, but due to limited seating, registration is required. Check-in opens at 8:00 a.m. for the 8:30 a.m. - 4:30 p.m. workshops. The dates and locations are as follows:

- March 6-7: Lamar Christian Church, 1208 Walnut St., Lamar, Mo.
- March 8-9: Harmony Baptist Church, 5101 S. State Highway 125, Rogersville, Mo.
- March 13-14: Schuyler Community Center, 3885 West Farm Road 94, Springfield, Mo.
- March 15-16: American Legion Post, 13398, West Grand Ave., Perryville, Mo.
- March 20-21: Tom Cobb Building, 308 N. Allen St., Montgomery City, Mo.
- March 22-23: Scotland County Community Fitness Center, 541 Grand Ave., Memphis, Mo.

"What attendees will take away from these workshops is a better understanding of regenerative agriculture principles, the application of which can transform lives, increase profitability and improve the prospects for generational farm succession," SHA President Dawn Breitzkreutz said. "Specifically, we will demonstrate how to increase profitability through natural nutrient cycling; design farm cover crop mixes; take and interpret the proper soil tests; drought proof farms; reduce input costs; use less hay and silage and make farming enjoyable again."

To register or to learn more, visit www.UnderstandingAg.com/resources/workshops/.

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Image caption: Soil health-improving regenerative agriculture practices like cover crops, seen here being rolled down prior to the planting of a cash crop, are among the topics covered during the free, two-day workshops. (Understanding Ag photo.)